

HIV/AIDS: From Diagnosis to Treatment

How to Receive CME Credit

To earn free CME credit for watching this program, you must complete this test online.

Go to www.discoveryhealthCME.com and follow the instructions to complete the post-test and evaluation online. You must be registered and signed-in in order to take the test online. Upon successful completion of the test and the evaluation, you will be asked to select your professional category and you will be able to print the appropriate credit certificate right from your computer. You must answer a minimum of 7 out of 10 questions correctly in order to earn CME credit.

CME Test Questions

- 1) According to the 2006 CDC guidelines on screening for HIV infection, which of the following patients should be offered HIV testing?
 - a) A 19 year old female college student visiting your clinic for a routine physical
 - b) A 49 year old male intravenous drug user who tested negative for HIV a year ago
 - c) A 27 year old male with a history of asthma who you recently diagnosed with gonococcal urethritis
 - d) A 37 year old married female who has never been tested for HIV
 - e) All of the above

- 2) A 23 year old male presents to your office complaining of fever and sore throat for the past week. You note diffuse lymphadenopathy on exam and are concerned about acute HIV infection. What tests would you order to make the diagnosis of acute HIV infection?
 - a) ELISA antibody testing alone
 - b) Monospot testing
 - c) HIV PCR testing for viral load and HIV antibody testing
 - d) CD4 count

- 3) Which of the following antiretroviral drug class combinations is appropriate to use for the treatment-naïve patient, according to current guidelines?
 - a) Fusion inhibitor + integrase inhibitor
 - b) Fusion inhibitor + protease inhibitor
 - c) Boosted protease inhibitor + nucleoside reverse transcriptase inhibitors (NRTI) + second NRTI
 - d) Nonnucleoside reverse transcriptase inhibitors (NNRTIs) + protease inhibitor

- 4) Which of the following laboratory tests is NOT one of those recommended to obtain for patients initiating antiretroviral therapy?
 - a) CD4 count and viral load
 - b) CBC, liver function tests, lipid panel
 - c) HIV resistance testing
 - d) c-reactive protein

- 5) With appropriate medications and patient adherence, how long after initiating antiretroviral therapy in the treatment-naïve patient should you expect the HIV viral load to become undetectable?
 - a) 4-6 months
 - b) 4-6 weeks
 - c) 1 year
 - d) 4-6 years

- 6) For which patient groups is HIV resistance testing recommended?
 - a) Patients in whom a treatment regimen has failed
 - b) Patients with acute HIV infection
 - c) Pregnant women who are HIV-infected
 - d) All of the above

- 7) "Treatment holidays," in which patients with HIV/AIDS are taken off antiretroviral medications at scheduled intervals, are recommended by current guidelines.
 - a) True
 - b) False

- 8) A 42 year old man taking antiretroviral medication for his HIV infection presents to your office for routine follow-up. What cardiometabolic risk factors should you screen for?
 - a) Diabetes
 - b) High LDL
 - c) Low HDL
 - d) All of the above

- 9) Which of the following is NOT considered a barrier to patient adherence with antiretroviral therapy?
- a) Depression
 - b) Substance abuse
 - c) Medication side effects
 - d) Resistance testing
- 10) According to CDC estimates, is the prevalence of HIV infection in the United States increasing or decreasing?
- a) Increasing
 - b) Decreasing

CME Evaluation

HIV/AIDS: From Diagnosis to Treatment

1. Overall, how do you rate the concept of CME presented on the Discovery Health Channel?

- Excellent Good Fair Poor

2. Was the topic relevant to your needs and interests?

- Yes No

3. Was the information presented useful in your practice?

- Yes No

4. Were the course objectives met?

- Yes No

5. Did you find the information presented on the program to be fair, balanced, and free of commercial bias?

- Yes No

If no, please state reasons:

6. Are you interested in participating in future Discovery Health CME programs?

- Not at all Somewhat Very Extremely

7. Please list topics and/or therapeutic categories you would be interested in seeing on future Discovery Health CME programs:

8. Please tell us how you found out about Discovery Health CME.

- | | |
|---|---|
| <input type="checkbox"/> Direct Mail Invitation | <input type="checkbox"/> E-Mail Invitation |
| <input type="checkbox"/> Family Practice News | <input type="checkbox"/> Internal Medicine News |
| <input type="checkbox"/> JAMA | <input type="checkbox"/> MD Net Guide |
| <input type="checkbox"/> Internet Search Engine | <input type="checkbox"/> Television Commercial |